

PRESS RELEASE
 February 14, 2023

Middlefield Finalizes Annual Reinvested Capital Gains Distributions for Mutual Funds

The finalized 2022 annual reinvested capital gains distributions for the Middlefield Mutual Funds are listed below. These amounts differ from the estimated distributions and do not include the ongoing regular monthly cash distribution amounts. The special distributions will be automatically reinvested in additional shares of the effected funds, determined based on the net asset value per share as of the Record Date. Immediately following the issuance, the shares of the effected Funds will be automatically consolidated such that the number of shares will remain unchanged from the number outstanding immediately prior to the special distributions. The special distributions apply to both Series A and Series F shares/units of each fund.

Mutual Fund Trusts

Fund	Special Distribution per Unit	Record Date	Payment Date
Healthcare Dividend Fund	-	n/a	n/a
Global Infrastructure Fund	-	n/a	n/a
INDEXPPLUS Income Fund	-	n/a	n/a

Corporate Class Mutual Funds

Fund	Special Distribution per Share	Record Date	Payment Date
Canadian Dividend Growers Class	\$0.46	February 13, 2023	February 14, 2023
Global Agriculture Class	-	n/a	n/a
Global Dividend Growers Class	\$0.68	February 13, 2023	February 14, 2023
Real Estate Dividend Class	-	n/a	n/a
Global Energy Transition Class	-	n/a	n/a
Innovation Dividend Class	-	n/a	n/a
High Interest Income Class	-	n/a	n/a
Income Plus Class	\$0.47	February 13, 2023	February 14, 2023
U.S. Equity Dividend Class	\$1.69	February 13, 2023	February 14, 2023

For further information, please visit our website at www.middlefield.com or contact Nancy Tham in our Sales and Marketing Department at 1.888.890.1868.

This press release contains forward-looking information. The forward-looking information contained in this press release is based on historical information concerning distributions and dividends paid on the securities of issuers historically included in the portfolio of the Fund. Actual future results, including the amount of distributions paid by the Fund, may differ from the monthly distribution amount. Specifically, the income from which distributions are paid may vary significantly due to: changes in portfolio composition; changes in distributions and dividends paid by issuers of securities included in the Fund's portfolio from time to time; there being no assurance that those issuers will pay distributions or dividends on their securities; the declaration of distributions and dividends by issuers of securities included in the portfolio will generally depend upon various factors, including the financial condition of each issuer and general economic and stock market conditions; the level of borrowing by the Fund; and the uncertainty of realizing capital gains. The risks, uncertainties and other factors that could influence actual results are described under "Risk Factors" in the Fund's prospectus and other documents filed by the Fund with the Canadian securities regulatory authorities. The forward-looking information contained in this press release constitutes the Fund's current estimate, as of the date of this press release, with respect to the matters covered hereby. Investors and others should not assume that any forward-looking statement contained in this press release represents the Fund's estimate as of any date other than the date of this press release.