



## First Quarter 2006 Distributions

Middlefield Group is pleased to announce that distributions for the first quarter of 2006 will be payable to unitholders of MINT *Income Fund* as follows:

<i>Record Date</i>	<i>Payable Date</i>	<i>Distribution Per Trust Unit</i>
<i>January 31, 2006</i>	<i>February 15, 2006</i>	<i>\$0.10</i>
<i>February 28, 2006</i>	<i>March 15, 2006</i>	<i>\$0.10</i>
<i>March 31, 2006</i>	<i>April 14, 2006</i>	<i>\$0.10</i>

The total return for MINT for the one year ending November 30, 2005, based on its net asset value, was 30.1%.

The Fund establishes a monthly distribution target annually or, if appropriate, more frequently. For the 12 months ending December 31, 2006, the monthly distribution amount is targeted to be \$0.10 per Unit based upon prevailing market conditions. On an annualized basis, the targeted monthly distribution amount of \$1.20 per Unit represents a cash-on-cash yield of approximately 8.8% based on a market price of \$13.60 per Unit.

The trust units trade on the Toronto Stock Exchange under the symbol MID.UN.

For further information, please visit our website at [www.middlefield.com](http://www.middlefield.com) or contact the undersigned:

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*This press release contains forward-looking information. The forward-looking information contained in this press release is based on historical information concerning the distributions and dividends paid on the securities of issuers historically included in the portfolio of MINT Income Fund. Actual future results, including the amount of distributions paid by the Fund, may differ materially from the targeted monthly distribution amount. Specifically, the income from which distributions are paid may vary significantly due to: changes in portfolio composition; changes in distributions and dividends paid by issuers of securities included in the Fund's portfolio from time to time; there being no assurance that those issuers will pay distributions or dividends on their securities; the declaration of distributions and dividends by issuers of securities included in the portfolio will generally depend upon various factors, including the financial condition of each issuer and general economic and stock market conditions; and the uncertainty of realizing capital gains. The risks, uncertainties and other factors that could influence actual results are described under "Business Risk Assessments" in the Fund's MD&A for the year ended December 31, 2004 and other documents filed by the Fund with the Canadian securities regulatory authorities. The forward-looking information contained in this press release constitutes the Fund's current estimate, as of the date of this press release, with respect to the matters covered hereby. Investors and others should not assume that any forward-looking statement contained in this press release represents the Fund's estimate as of any date other than the date of this press release.*