



March 7, 2019

## **Notice to Unitholders Tax Treatment of 2018 Distribution**

### **Middlefield Healthcare & Wellness Dividend Fund (“Wellness”)**

Wellness will be issuing T3 Supplementary slips to registered unitholders by April 1, 2019. The following table outlines the allocation of the 2018 distribution for each Unit.

RECORD DATE	PAYABLE DATE	DISTRIBUTION PER UNIT	ALLOCATION RETURN OF CAPITAL
January 31, 2018	February 15, 2018	\$ 0.041670	\$ 0.041670
February 28, 2018	March 15, 2018	0.041670	0.041670
March 31, 2018	April 13, 2018	0.041670	0.041670
April 30, 2018	May 15, 2018	0.041670	0.041670
May 31, 2018	June 15, 2018	0.041670	0.041670
June 30, 2018	July 13, 2018	0.041670	0.041670
July 31, 2018	August 15, 2018	0.041670	0.041670
August 31, 2018	September 14, 2018	0.041670	0.041670
September 30, 2018	October 15, 2018	0.041670	0.041670
October 31, 2018	November 15, 2018	0.041670	0.041670
November 30, 2018	December 14, 2018	0.041670	0.041670
December 31, 2018	January 15, 2019	0.041670	0.041670
TOTAL		\$ 0.500040	\$ 0.500040
		100.00%	100.00%

**The return of capital component of the distribution is not taxable; however, it reduces the adjusted cost base of the Units.**

Wellness Units trade on the Toronto Stock Exchange under the symbol HWF.UN.

For further information, please visit our website at [www.middlefield.com](http://www.middlefield.com) or contact Nancy Tham or Michael Bury in our Sales and Marketing Department at 1-888-890-1868.